

Journey Through Culinary School... Then & Now



Chef Cody Psenda
Culinary Arts Chef-Instructor
The Culinary School LeNotre

Chef Cody Psenda is a Culinary Arts Chef-Instructor at The Culinary School LENÔTRE. What started as a way of helping his mother, turned into a passion when he experienced a part the culinary world. Native from Texas, he has worked as an executive chef, director and manager in several restaurants in Houston as well as in Aspen and Vail Colorado, including career highlights as a sous chef for Todd English and head kitchen chef for Nobu Matsuhisa. He joined the CIL team in 2018. As a Chef Instructor, he is able to share his passion and help students discover new flavors. When it comes to a favorite dish, cuisine or flavor, he prefers to let himself be carried along by what he discovers.