



## Chapter Meeting Quick Fire Challenge

# The Appeal of Apples

### Basic Premise

This Challenge sets individuals or teams against each other to see who can peel the most apples under a given time limit (5 minutes) utilizing only a paring knife.

A secondary challenge will be for the longest continuous peel.

A third challenge will be for another individual or team member to produce a cup of brunoises from the peeled apples

### Needed Items

- 4 to 8 Apples per Individual or Team
- Paring Knives
- Cutting Boards
- Product and Waste Containers
- French Knife for Brunoises
- Measuring Cups for Brunoises
- Timer