



Chapter Meeting Quick Fire Challenge

Bubba Gump Challenge

Basic Premise

1st Phase: Contestants will have 2 pounds of shrimp to peel and devein in a 15 minute time window. Check for number, quality, and how clean the shrimp are will be performed before second phase.

2nd Phase: Contestants will have 15 minutes to prepare as many shrimp dishes he or she can come up with. 4 shrimp must be utilized for each preparation. Contestants will have access to a basic pantry, aromatics, and sauce making ingredients

Needed Items

- Kitchen with a work station and cooking area for each team
- Cookware—sauté pans, sauce pots, etc.
- French knife and cutting board for each team
- Miscellaneous cooking utensils for each team
- Small wares such as blenders, food processors, chinois, or strainer
- 2 # U20 - 24 Shrimp
- Usable / Waste Product Containers
- Basic Pantry
- Stock, Base, and / or cream to make sauce with
- Service Items per individual or team