



## Chapter Meeting Quick Fire Challenge

# For Your Eyes Only

### Basic Premise

The participating members will be placed into teams of 3 to 5. A mystery basket containing enough ingredients to make two identical entrée plates will be placed in a room or kitchen outside the meeting room. The team will be challenged to make two entrée plates (one for show / one for tasting) by sending in one team member at a time into the kitchen, for 5 minutes, to select and work on item (s) in mystery basket.

They will then be replaced by the next team member who will work another 5 minutes on the basket. The team will rotate each member in order until time is called 30 to 40 minutes.

No communication can go on between team members once they have done their work in the kitchen.

### Needed Items

- Kitchen with a work station and cooking area for each team
- Cookware—sauté pans, sauce pots, etc..
- French knife and cutting board for each team
- Miscellaneous cooking utensils for each team
- Small wares such as blenders, food processors, chinois, or strainer
- Identical Mystery baskets for each team - *should provide for a protein, starch, vegetable and sauce*
- Basic Pantry
- Service Items per individual or team